



MEB FOUNDATION

Health, Fitness, Education - balance

JOIN TEAM MEB.

**HELP GIVE YOUTH THE
OPPORTUNITY TO SUCCEED.**



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The New York Times



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Sports play an integral role in the lives of youth. Lessons learned through sports transcend into all aspects of life and provide an opportunity to 'Maintain Excellent Balance.' It is this philosophy that Meb Keflezighi believes contributes greatly to his success as a marathon champion and beyond.

About Founder Meb Keflezighi

- 2009 ING NYC Marathon Champion, the first American winner in 27 years
- 2004 Olympic Silver Medalist
- UCLA graduate
- Born in Asmara, Eritrea



The MEB Foundation is a leader and collaborator in health, education, and fitness. The Foundation seeks to align with organizations that share in this belief to:

- Inspire youth and their families to lead healthy, active, balanced lives
- Provide the tools and resources to lead healthy lifestyles
- Engage children in academics, in and out of school hours
- Empower youth to 'Maintain Excellent Balance'
- Provide opportunity for children to play and learn positive life skills through sports and play
- Engage entire communities in education, health, and fitness

Together, with our programmatic partners and corporate sponsors, The MEB Foundation will address some of the most significant needs facing youth in this country and around the world:

- 1 out every 5 children are left alone after the school day ends
- 12 million children nationwide are reading below grade level
- More than 60% of youth ages 9-13 do not participate in organized physical activity outside of school

To learn more, please contact:

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The MEB Foundation is applying for federal tax-exempt status as a public charity. Once The MEB Foundation has been recognized as a 501(c)(3) tax-exempt organization, all donations to The MEB Foundation will be deductible to the fullest extent of the law.